

Café Coaching Conversations™

Develop your coaching skills to engage your team and influence your colleagues – to deliver business results

- *A series of four half-day workshops near Reading*
- *Ideal for busy leaders, managers - and coaches*
- *Led by senior level, experienced and accredited coaches*
- *Enjoyable and practical – skills and tools to take straight back to work*

Coaching has become the 'must have' skill for leaders and managers who want to engage and influence their teams and colleagues. Yet the soft-skills involved are subtle, especially in complex and fast-moving environments, where everybody is stretching themselves to squeeze in more activities and projects.

Coaching is not just about sitting down with someone in a formal meeting for an hour or more. Just as important are the informal, opportunistic coaching conversations that might be 10 or 20 minutes over a coffee break where you can coach a real business issue and move it forwards. This series of short, practical workshops will help you to maximise those moments to have effective and influential conversations, making the most of your time, and that of your colleagues

Benefits for you and your organisation

This programme of workshops will build your coaching skills to:

- engage and motivate your team
- influence colleagues and stakeholders
- empower and develop your team to take responsibility and ownership
- handle challenging conversations with confidence, and
- deliver your business results.

Do you ever find yourself?

- Solving people's problems under pressure?
- Trying to support a number of people without taking on their issues yourself?
- Wanting to develop responsibility and ownership in your people without telling them what to do all the time and checking that they do it?

If you relate to any of the above join the ***Café Coaching Conversations™ Programme***, in each action-orientated and enjoyable session, you will focus on a typical business challenge, build your coaching skills, and experience coaching others and being coached. You will leave the session confident to use the techniques immediately with your people as well as feeling good about your own challenges.

We are running ***Café Coaching Conversations™*** near Reading, Berks to offer managers and leaders in the area, cost effective access to core coaching skills and impactful, easy to use techniques.

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cb@my-coach.org
kate@kateburton.co.uk

Our aim is to help local business meet their challenges and grow their people in an innovative and effective way.

The programme is offered in four modules that build and develop your skills over the sessions allowing time for in-between practice and shared learning.

Module One: Solving Problems and Creating Solutions: Friday 20th Feb. 2015

- Contracting, questioning and listening as a coach
- Visual gap analysis
- Shifting the frame

Module Two: Goal Setting and taking action: Friday 20th March 2015

- Increasing clarity, accountability and ownership
- Imagining the goal
- Shifting the SCORE

Module Three: Creating Influential Business Relationships: Friday 17th April 2015

- Understanding assumptions and mind reading
- Shifting the relationship map
- Relating to others with awareness

Module Four Strategic Thinking, setting a clear direction: Friday 15th May 2015

- Developing the bigger picture
- Creating alignment
- Adventurous ideas – workable solutions

Toolkit

You will receive a practical toolkit to take away with you that includes thought-provoking images and pocket-sized props, questioning and prompt sheets together with a copy of Kate Burton's best-selling coaching book 'Coaching with NLP for Dummies.'

About your facilitators

Christina Bachini is an experienced coaching supervisor, professional facilitator, and executive development coach, working with organisations, teams and individuals specialising in team coaching and group dynamics. She is the developer of the personal development breakthrough 'Chrysalis Process,' and has a proven track record with organisations such as GSK, Standard Chartered Bank, Cathay Pacific in the UK and Far East. She is on the preferred suppliers list for several large financial institutions.

Kate Burton is a leading accredited coach with an international practice who regularly works with entrepreneurs, senior executives and their professional teams to deliver excellence. She also consults on communication and change initiatives for hi-tech firms such as Microsoft, Hewlett-Packard and

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KPMG. She is the author of five books including the best selling: “Coaching with NLP for Dummies” and “Live Life. Love Work.

Venue: Best Western Reading Moat House, Mill Lane, Sindlesham, Wokingham RG41 5DG,

Cost: The cost of the series of 4 workshops is £395 (including VAT)

Early bird discount: £295 (including VAT) if you book before 30th December 2014

To register your interest or to book your place:

Please contact Kate Burton to reserve a place:

We limit the size of the group to ensure a high quality experience and learning environment, so please do let us know as soon as possible if you are interested in participating.

For further information:

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Café Coaching Conversations™

Christina Bachini and Kate Burton have created this programme jointly.

Café Coaching Conversations™ will grow through recommendations and we would appreciate your support.

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